



## New Chronic Care Centers Open

Lourdes Medical Associates this month opened two new Chronic Care Centers in Willingboro and Marlton. The centers will help patients stay out of the emergency room and reduce unnecessary hospital admissions. The centers will initially focus on chronic obstructive pulmonary disease (COPD), but may eventually expand to treat other conditions.

Candace Bromley, PA-C, will provide care at the centers, with collaborating physician Thomas Nugent, MD, FCCP. Services offered include:



*Candace Bromley, PA-C*

- Extension of care following hospital discharge
- Intensive hospital follow-up and education
- Spirometry testing
- Nebulizer treatments
- Vaccines/immunizations

The Chronic Care Centers are located at:

1113 Hospital Drive  
Professional Building East,  
Suite 305  
Willingboro, NJ 08046

**Hours:** Monday, Thursday and Friday, 8 a.m. to 4:30 p.m.

750 Route 73 South  
Willow Ridge Executive Park  
Suite 402  
Marlton, NJ 08053

**Hours:** Tuesday and Wednesday, 8 a.m. to 4:30 p.m.

To make an appointment,  
call 609-835-3450.

## Access Lourdes Podcasts

Lourdes Health Talk podcasts are a great local resource to share with patients interested in a particular health topic. Since the series began, the podcasts have been downloaded more than 10,000 times. Current podcasts by LMA and LCS staff include:



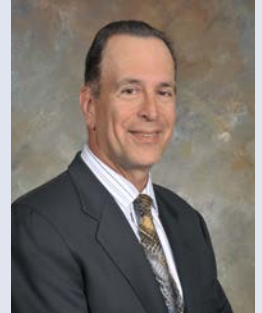
- Understanding the Facts About Organ Donation, with Christine Palms
- Allograft Injection, with Thomas Plut, DO
- Bariatric Surgery 101, with Harish Kakkilaya, MD
- Health Screenings Every Woman Should Have, with Sherrilyn Parrish, MD
- Early Heart Attack Symptoms, with John J. Finley, IV, MD
- Tips for Balancing Work and Family, with Heather Crawford, DO

To access the podcasts, use your favorite podcast app or the iHeart Radio app and search for “Lourdes Health Talk” or visit: [www.lourdesnet.org/news-events/podcast-library/lourdes-health-talk-podcast/](http://www.lourdesnet.org/news-events/podcast-library/lourdes-health-talk-podcast/)

## Volunteers Needed for Women’s Health Fair

On Saturday, March 3 from 9 a.m. to noon, Lourdes will hold a Women’s Health Fair at LourdesCare at New Hanover (25 Wrightstown-Cookstown Road, just outside the Joint Base). Staff members are needed to help with health screenings, registration and greeting. Contact Deana McDermott, marketing coordinator, at [deana.mcdermott@lourdesnet.org](mailto:deana.mcdermott@lourdesnet.org) or 856-580-6453.

## President’s Message



*Steven Fox, MD, FACC*

I hope you had a wonderful holiday season. I think we can all agree that 2017 was a tumultuous time, with changes in health system leadership and an unsuccessful acquisition. Nonetheless, we accomplished a great deal—Lourdes Cardiology earning the Press Ganey Guardian of Excellence Award for achieving 95th percentile and above in patient experience; marketing efforts have resulted in a new patient increase in Family Practice of 12.3 percent; Lourdes Health Network being the only ACO in the Delaware Valley to achieve shared savings; opening and growing our Hepatitis C clinic; practices earning Patient-Centered Medical Home Level III status; a new website; tons of community outreach; and much more.

I am very proud of what we have achieved together. I am grateful for your efforts this past year. It is on these achievements that I look to build an even more successful 2018. Following Dr. Blaber’s lead, I would like us to focus on three elements:

- **Safety:** Improving patient and colleague safety
- **Experience:** Delivering an exceptional experience to every person we serve, every time
- **Expenses:** Being mindful of unnecessary spending and ending waste throughout the organization

While Trinity Health continues its search for an appropriate partner for us, our commitment to these three elements will only build on our reputation as a premier provider of healthcare. I know this will be a lot of work, but every one of you, no matter your role at LMA, plays an important role in our success.

I also want LMA to be an enjoyable place to work. We’re working on bringing some of the fun activities going on at the hospitals to our sites as well. If you have any recommendations, please let me know.

Thank you for everything you do for our patients.

Steven Fox, MD, FACC  
President  
Lourdes Medical Associates



## Osborn Family Health Center Named Newest FQHC in New Jersey

Osborn Family Health Center has been named the newest Federally Qualified Health Center (FQHC) in New Jersey. FQHCs are community-based healthcare providers that receive funds from the Health Resources & Services Administration to provide primary care services in underserved areas. FQHCs must meet a stringent set of requirements, including providing care on a sliding fee scale based on ability to pay and operating under a governing board that includes patients.

Osborn is an FQHC “look-alike.” Look-alikes operate and provide services consistent with health center program requirements, but do not receive health center funding. LMA leases family practice, pediatric and OB/GYN clinical staff to Osborn.

“Osborn Family Health Center is proud to be designated as a FQHC look-alike. For the past 44 years, Osborn has helped thousands of people in Camden receive affordable and quality access to pediatric, OB/GYN, family practice and specialty services. We look forward to working with Community Health Centers in New Jersey and being a member of NJPCA,” said Shawne Cuilla, Executive Director and CEO of Osborn Family Health Center.

Osborn Family Health Center was established in 1974 in a brownstone house on Haddon Avenue in Camden. It was named after the first chief of surgery at Our Lady of Lourdes Medical Center, Dr. Edward Osborn, who donated the brownstone. During the first two years of operation, the center’s volume tripled. In 1976, Osborn moved into a renovated Studebaker showroom across the street from the medical center. Osborn is now located at the Sister Elizabeth Corry Ambulatory Care Center. Patients benefit from personalized care from their own physician—helping to ensure continuity of care—and access to specialists and health education programs.

## Alfrea Program Expands to Grove Street

Alfrea, our online farmers market partner, has expanded to serve even more colleagues! The market is now serving Our Lady of Lourdes Medical Center, Lourdes Medical Center of Burlington County, LourdesCare at Cherry Hill, CBO/Riverside, LMA Grove Street and St. Francis Medical Center. The schedule is as follows:

### Wednesday Deliveries (order by 9 a.m. Tuesday)

#### SFMC

12:30 to 1:30 p.m. — Cafeteria

#### CBO Riverside

2:15 to 3 p.m. — First Floor Break Room

#### LourdesCare at Cherry Hill

4 to 4:45 p.m. — Small Conference Room, Suite D

### Thursday Deliveries

(order by 9 a.m. Wednesday):

#### OLLMC

12 noon to 1 p.m. — Cafeteria

#### LMCBC

1:45 to 2:30 p.m. — Main Lobby

#### LMA Grove Street

3 to 3:30 p.m. — Main Entrance

To sign up for an account, visit [www.alfrea.com/lourdes](http://www.alfrea.com/lourdes)

## Comings & Goings

### NEW PROVIDERS

Anita Mehrotra, MD, Transplant Nephrology, Pre-Transplant Office, 63 Kresson Road, Cherry Hill; Post-Transplant Office, 1601 Haddon Avenue, Camden



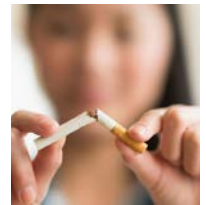
Anita Mehrotra, MD

## Diabetes Program Update

The Lourdes Diabetes Program has helped to greatly improve inpatient and outpatient diabetes care. Our partner, ABC Diabetes, recently ceased operations. To ensure continuity of care, Lourdes has hired nutritionist Molly Biehl. For now, program phone numbers remain the same. Stay tuned for updates.

## Kick the Habit in 2018!

Make 2018 the year you stop smoking! Our Lady of Lourdes Medical Center will host the American Lung Association’s Freedom From Smoking® program from 6 to 7:30 p.m. on Mondays, Feb. 6 to March 20 and Wednesday, March 1. A \$25 fee covers the cost of materials. To register, call 1-888-LOURDES (1-888-568-7337).



In December, LMA Associates at Cherry Hill Family Care & Internal Medicine had some fun by celebrating Ugly Sweater Day. Pictured are (l to r): Gewaida Albarouki, Destinee Giddins and Shareen Hill.